

Summer Camps

SUMMER DAY CAMP

An excellent opportunity for kids to have a safe and fun week of activities as an alternative to child-care. At the Community Y Summer Day Camp kids will play games, go swimming, hiking, learn about nature, garden, participate in team-building skills, experience the arts, and have lots of fun! Each week of summer will have a different field trip with all the week's activities revolving around the trip. The emphasis each week will have a Community Y core value in mind.

Campers are 5 year- olds entering Kindergarten (Community Y preschool students) in the fall through 7th grade. 6th and 7th graders can be chosen by camp counselors to participate in the Leaders-In-Training program and will have different/additional roles than the younger campers. LIT's will help counselors with camp, be able to take strength training classes, help with the set up of activities, and be group leaders. The staff consists of high school students, college students, and adults, many of whom are teachers. Adults and teachers with the summers off are the staff leaders. All staff are selected because they have a real interest in children having fun and learning in a safe environment. Staff to camper ratio is 8:1.

All field trip admission is included in the day camp price. There is a limit of 60 campers per day. Those wishing to register must do so the Wednesday before the week they wish to attend to avoid a \$5 late registration fee and to ensure a spot of the field trip.

The Community Y's Cultural Center was accepted to be a site for the summer community meal program through Marshalltown School Food Service. This service will run from June 1st-July 31st. Offering this program means that all campers will be provided a hot lunch through July 31st at no additional cost. (A sack lunch will be provided for field trip days.)

The fun begins Tuesday, June 1st, 8 a.m.-5:20 p.m. (Field trips begin the week of June 7th)

*Special arrangements may be made for participants needing to arrive earlier than 7:45 a.m. or leaving after 5:20 p.m. by contacting instructor.

Location: Cultural Center
Member Fee: \$27/day or \$121.50/week (5th day is 50% off)
Prog Participant Fee: \$37/day or \$166.50/week (5th day is 50% off)
Instructors: Deb Grove or Misty Roelsgard



Youth Strength Training

10-14 year olds

Class provides hands-on experience using the Cybex strength training equipment while learning proper lifting techniques. After the completion of the class the youth participants can use the Cybex weight room when accompanied by a parent (or at designated times without a parent).

Class meets: T/TH 5:30-6:30 p.m.
Instructor: Rotating Instructors
Location: Fitness Floor,
Horne-Henry Center

Game Room

An interactive game room is available for all members of the Community Y for FREE. Each game offers a different and physical aspect to gaming. New to the game room are DDR, Makoto, Trazer, Lightspace, Air Hockey, and Foosball. The game room is open Monday, Wednesday and Thursday from 4-8 p.m. & 1-3 p.m. Saturday-Sunday. Hours are subject to change without notice.

Gymnastics Camp

Children kindergarten-4th grade can participate. Camp is an introduction to gymnastics and learning the fundamentals of the balance beam, floor, bars, vault, and Tumblebus! Camp is held from 9 a.m.-11 a.m. and children will be split into age groups 4-6 year olds and 7-10 year olds. Camp will be in the Community Y's Cultural Center Green Room and children of all skill levels are invited to participate.

Meets: June 21st-June 23rd M/T/W
9 a.m.-11 a.m.

Members: \$22

Program Participants: \$42

Location: Green Room

Instructor: Leslie Major

Babysitter Training

What babysitters need to know and what every parent wants in a responsible babysitter!

Designed for 11-15 year olds, the American Red Cross Babysitter's Training Course can help:

- Interview for a babysitting job
- Choose safe and age-appropriate toys and games
- Perform first aid
- Learn diapering and feeding techniques
- Handle bedtime issues
- Learn tips for having a safe babysitting experience
- And more!

Meets: Thursday, June 10th, 9 a.m - 3 p.m. or
Thursday, August 12th, 9 a.m. - 3 p.m.

Participants should bring a sack lunch.

Members: \$20

Program Participants: \$25

(Additional \$15 for optional book)

Location: Horne Henry Center Board Room

Instructor: Ashley Woodruff



Make Believe Dance Camp

Girls, Ages 3-6

Enter a world of sparkles and pixie dust with Make Believe Camp. This camp is perfect for all little girls who want to dance like a princess, fairy, glamour girl, rock star or hula girl. Amongst all the dancing, campers will also do crafts, sign songs, listen to stories and dress up.

Meets: June 22-24, 9:15-11:15 a.m.

Members: \$25

Program Participants: \$30

Instructor: Dance

Konnection Staff



ADVENTURE DANCE

CAMP

Boys, ages 3-6

Each day embarks a new adventure. This boys-only camp will satisfy every little explorer out there while taking adventures as pirates, athletes, dinosaurs and super heroes. Learn songs, dance, listen to stories, watch movies and make crafts in this action packed camp.

Meets: June 22-24, 1-3 p.m.

Members: \$25

Program Participants: \$30

Instructor: Dance Konnection Staff

Ka-Motion Spirit Camp

Returning by Popular Demand!

Grades K-6

Got spirit? Then join Ka-Motion Camp! By doing so, participants will receive a great jump start for fall classes. Placement for the fall Ka-Motion classes will be given at the end of camp. This camp is all spirit leaders, both new and returning students. Join the fun of cheerleading and pom pon. Campers will learn cheers, pom pon dance routines, tumbles, jumps and stunts. Wear comfortable clothes that are easy to move in, tennis or dance shoes and have hair up off of face and neck.

Meets: July 20-22, 9-10:30 a.m.

Members: \$30

Program Participants: \$35

Instructor: Dance Konnection Staff

Community Y School of Dance

Summer/Early Fall Dance Registration

This sign up is for new and returning students.
June 9, 6-8 p.m., Cultural Center

Fall Dance Registration

August 11, 6-8 p.m., Cultural Center
Fall Classes begin August 30

Dance Baby Dance

Ages 3-4

A creative movement class that introduces Pre-Ballet and Pre-Tap. Dancers will work on basic ballet and tap step along with movement exercises that will teach coordination and musicality. Dancers need leotard, tights, tap and ballet shoes.

Meets: Wednesdays, 5-5:45 p.m.
June 23, 30 and July 7, 14, 21
Members: \$55
Program Participants: \$60
Instructor: Dance Konnection Staff

5-6 Year Old Dance

A great class for kindergartners and first graders wanting to try dance. This class is also designed for those already in dance and wanting to boogie the summer away. While working on basic ballet and tap step, dancers will also experience combination step and simple barre exercises. Dancers need leotard, tights, tap and ballet shoes.

Meets: Wednesdays, 5:45-6:30 p.m.
June 23, 30 and July 7, 14, 21
Members: \$55
Program Participants: \$60
Instructor: Dance Konnection Staff



Beginner Hip Hop

Ages 7-10

A class for all young dancers wanting to learn the newest dances and moves. This 45-minute class is exclusively street dance. Dancers need to wear loose clothes and CLEAN sneakers.

Meets: Wednesdays, 5-5:45 p.m.
June 23, 30 and July 7, 14, 21
Members: \$55
Program Participants: \$60
Instructor: Dance Konnection Staff

Beginner Tap and Jazz

Ages 7-10

A class for those that have never taken dance or have stopped and are ready to get back to dance. This hour-long tap and jazz class is perfect for those looking to sharpen skills as well. Dancers need leotard, tights, tap and jazz shoes.

Meets: Wednesdays, 5:45-6:30 p.m.
June 23, 30 and July 7, 14, 21
Members: \$65
Program Participants: \$70
Instructor: Dance Konnection Staff



Ballet Technique

Open to all Ballet 1, 2, 3, 4, 5 and Pointe 1, 2, 3 Dancers

A great class to keep up on technique during the summer! Dancers need leotard, tights and ballet shoes.

Meets: Thursday, 5-6 p.m.
June 24 and July 1, 8, 15, 22
Cost:

Members: \$65
Program Participants: \$70
Instructor: Kimi Kups-Benson

Beginner Pointe

Prerequisite from Miss Kimi is required.

Learn the basics, work on strength and care of shoes. Dancers need leotards, tights, pointe shoes and ballet shoes.

Meets: Thursdays, 6-7 p.m.
June 24 and July 1, 8, 15, 22
Cost:

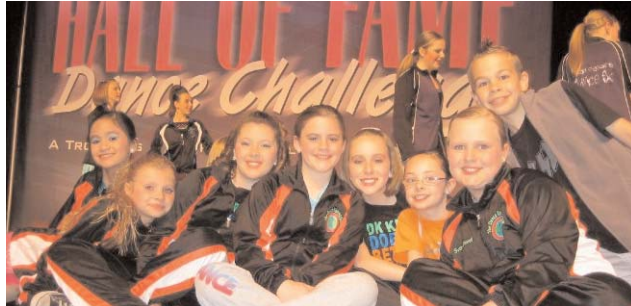
Members: \$65
Program Participants: \$70
Instructor: Dance Koneksi Staff

Hip Hop 2

Open to all Jazz 2, 3, 4, 5, 6, 7, 8 Students. This class will expand on the popular dance form while working on Hip Hop technique and learning some cool dance moves. Wow all your friends with the fresh new moves you'll learn this summer in class. Dancers need to wear loose clothes and CLEAN sneakers.

Meets: Thursday, 7-7:45 p.m.
June 24, and July 1, 8, 15, 22
Cost:

Members: \$55
Program Participants: \$60
Instructor: Dance Koneksi Staff



Advanced Jazz and Lyrical

Open to all Jazz 2, 3, 4, 5, 6, 7, 8 Students
This class will work on advanced technique as well as working on routines and combinations to push dancers and make the summer sizzle. Dancers need dance clothes and jazz shoes.

Meets: Thursdays, 7:45-8:30 p.m.
June 24, and July 1, 8, 15, 22
Cost:

Members: \$70
Program Participants: \$75
Instructor: Dance Koneksi Staff

Graceful Worshippers

Liturgical dance is being incorporated in many churches. This class will explore the wonderful world for prayerful dancing. Students of this 3-week class will learn dances to contemporary Christian artists and old standards. At the end of the session, a performance may be announced.

Meets: Mondays, 10-10:45 a.m.
June 28, and July 5, 19
Cost:

Members: \$30
Program Participants: \$35
Instructor: Dance Koneksi Staff

