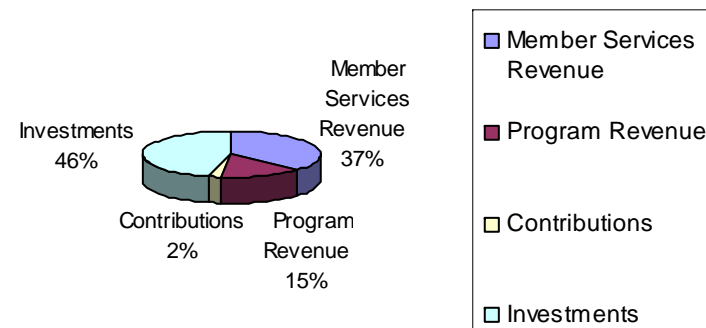


## 2009 Community Y Operational Financial Summary (January–November)

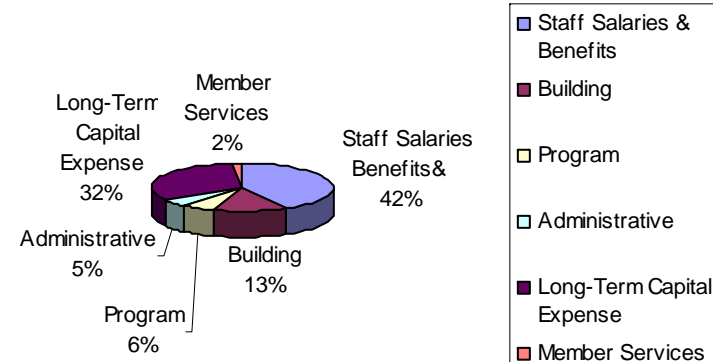
### Community Y Income



Member Services Revenue	37%
Program Revenue	15%
Contributions	2%
Investments	46%
<b>Total</b>	<b>100%</b>

**Total Income: \$3,373,167**

### Community Y Expense



Staff Salaries & Benefits	42%
Building (without salaries)	13%
Program (with salaries)	6%
Administrative	5%
Long Term Capital	32%
Member Services	2%
<b>Total</b>	<b>100%</b>

**Total Expense: \$3,373,167**

#### 2009 YMCA/YWCA Heritage Club

- Dr. Rachel Mason received the Martha-Ellen Tye Friend Award for her long-time financial support of the YMCA and YWCA organizations.
- The Ryden Service Award was presented to Doug and Margaret Gervich for their support and years of dedicated service to the Community Y and Heritage Club.

The YMCA-YWCA Heritage Club held its annual recognition luncheon on Friday, June 19, 2009 in the Cultural Center. The event was emceed by Sarah Hesmer, President of the Heritage Club Board. Key-note speaker for the luncheon was Nate Kaeding, NFL San Diego Chargers Place Kicker. Nate was introduced by his wife, Marshalltown native Samantha Gervich Kaeding. Samantha shared with the group that she grew up in Marshalltown and was active in programs at the Community Y.

#### 2009 Heritage Club Financial Report

Approximate Agency Fund Value (November 30)	\$ 958,149
<b>Income:</b>	
Contributions to Date	\$ 8,440
Memorials to Date	\$ 925
Income to date for 2009	\$ 967,514

#### 2009 Contributions and Memorials

Coleen Adland	Robert & Pauline Hartman	Greg & Cheri Pierce
David & Judy Adland	Ellen Hazen	H.M. Pille
Dennis & Kathy Baker	Sarah Hesmer	Pfizer Foundation
Bill & Barbara Baltisberger	Rusty & Carol Hibbs	Ada Roedl
Joel Bean & Rita Frederick	Bruce & Lori Johnson	Frank & Christine Roedl
Larry & Kathy Beaty	Bill & Phyllis Lane Foundation	Debra & Steven Ruddick
William & Geraldine Bestmann	Dennis & Rinda Madden	Sage Point Financial, Kileen Rezac
Mary Cowdrey	Rachel Mason	Barbara Scafferi
David Clark	James & Roberta Mead	A. Marie Schilee
Joann & Richard Daters	Jay & Sue Merryman	Beth Tigges
Doug & Margaret Gervich	Lew & Sue Miller	David & Gladys Winter
Larry & Yvonne Goecke	Mike & Jennifer Miller	Anne & Phil Zinc
	Loras & Karen Neuroth	

# Community Y of Marshalltown

## 2009 Annual Report

[www.ymca-ywca.org](http://www.ymca-ywca.org)



#### 2009 COMMUNITY Y BOARD MEMBERS

Paul Beals, President, Mary Wertzberger, Past President, Bianca Greazel, Vice President, Mike Miller, Secretary, Terry Briggs, Treasurer, Sarah Hesmer, Heritage Club President, Beth Akason, Robin Anctil, Mindy Bryngelson, Jamie Brown, Denny Cahill, Sister Chris Feagan, Bill Fitzgerald, Bob Gaynor, Brian Heithoff, John Hermanson, Loras Neuroth, Janice Ott, Pam Walden

#### 2009 YWCA BOARD MEMBERS

Jamie Brown, President, Bianca Greazel, Past President, Beth Akason, Vice President, Maureen Lyons, Secretary, Mary Wertzberger, NCB Representative, Robin Anctil, Mindy Bryngelson, Sister Chris Feagan, Janice Ott, Pam Walden



#### 2009 YMCA/YWCA HERITAGE CLUB BOARD MEMBERS

Sarah Hessmer, President, John Hermanson, Vice President, Peggy Cahill, Treasurer, Heidi Krabbe, Secretary, Kathy Baker, Paul Beals, Mike Bloom, Abie Chadderdon, Mary Cowdrey, Margaret Gervich, Joel Greer, Pauline Hartman, Dale Ites, Phyllis Lane, Ward Miller, Loras Neuroth, Rex Ryden, Kim Schryver



### Hobby Craft

The Hobby Craft celebrated the Marshalltown YWCA's 100th birthday with a needlework and tea party in the Spring! There was great entertainment, an assortment of needlework including quilts and garments that dated back 100 years and a tea room with delicious food!

### Fine Living Council

Fishing for Fun was added to the list of many Fine Living Council programs in 2009. The group went on several excursions around Iowa, with an informational talk on the art of fishing for particular fish in that area and the rest of the time was spent fishing with friends and family!

### Daddy Daughter Dance

Thirty seven couples attended the third annual Daddy Daughter Dance. Some fathers even brought two and three daughters along with grandpas and uncles escorting special young ladies.

### Youth Outreach

Boys group went camping at Red Rock, hosted a family night for all the Outreach participants and helped facilitate activity nights for 5<sup>th</sup> and 6<sup>th</sup> graders. Outreach participants are showing improved grades including several students with measurable improvements in school work.

### Safety Camp

The Community Y partnered with the Marshalltown Police Department for the annual Safety Camp with approximately 90 participants and 30 volunteers. Participants saw the Sky-Dive Iowa Team perform and learned safety in areas that included farm, water, railroad and fire.



### Membership

Y Members scanned into the Henry-Horne Center 225,156 times during 2009. The average visits per month were 18,763. Along with the Henry-Horne Center, the many programs at the Cultural Center was operating as usual, making the Community Y a busy facility!

### 100th Anniversary of the YWCA

The YWCA celebrated its 100th anniversary in 2009. A celebration luncheon was held on March 26. Ladies from throughout the history of the Marshalltown YWCA attended. The Community Y School of Dance recognized the YWCA milestone with a tribute during the spring recital.

### Travel Club

The travel club filled 338 seats enjoying the sights, tastes and culture of the Midwest, France and Caribbean.



### Blue Wave Winter Swim Team

The Blue Wave Winter Swim Team started the 2009-2010 season adding 32 new swimmers to the squad. 85 swimmers are expected to be on team this season.

During the 2008-2009 season, 51 swimmers participated in the Sectional swim meet, with 32 swimmers advancing to the State meet. During the 08-09 season 634 personal best times were recorded from the swimmers and 14 records broken!

The Iowa Girls High School State Swimming Championships were held here at the Community Y on November 6<sup>th</sup> and 7<sup>th</sup> 2009 bringing 42 schools, 300 athletes and 1,300 spectators to the community. The Boys Championships were held in February.

### Synchronized Swim

The Synchronized Swim team's 16 members competed in a dual meet with the Des Moines Aqua maids, the Wisconsin Invitational, hosted a show at the Community Y and participated in the regional show in Minnesota. With all participants placing in the top 10.

### Halloween Carnival

Play dough, crackers, popcorn balls, apples and toys were given out as prizes at this years carnival. Face painting, balloons, and tattoos were all a big success. At 6 tickets for \$1, 4,282 tickets were sold.

### Aquatics

Aquatics serves approximately 61 participants each session in 4 aqua aerobics classes, 57 seniors in 3 senior aqua classes, and 52 participants in the 3 arthritis water exercise classes. An adaptive aerobics class added in 2009 serves an average of 11 special needs adults. Approximately 1,176 children participated in the Y swim lesson program with an average of 168 students per session. There was a 47% increase in the number of participants involved in swim lessons and an increase in adult participants in the arthritis classes. New classes were added including home-school swim lessons, adult swim lessons, adaptive aerobics, evening aqua aerobics class and aqua boot camp class.



### Summer Day Camp

Summer Day Camp served an average of 65 children a week during the summer months. Popular weekly outings included trips to Adventureland, Blank Park Zoo, I-Cubs, the Science Center, Living History Farms, Grimes, Farm, Des Moines Art Center, Botanical Center and Plant X.



### Fit Kids After School Program

Fit Kids After School Program worked with 995 students in 2009 to teach healthy lifestyle habits. Children participated in activity/game time, craft and homework time and also enjoyed a daily healthy snack. In addition, all participants were assessed for physical fitness according to the Presidents Physical Fitness test once per quarter.

### Healthy U

Healthy U serves a variety of people wanting to improve wellness levels. Many participants have a goal of weight loss and improved fitness. Some participants work to improve or manage risk for diabetes, high blood pressure, high cholesterol and other health concerns. In 2009, there were 165 Healthy U contracts signed. In a segment of participants that were evaluated, 80% reported weight loss. In addition, several participants reported improved blood cholesterol, reduction in medications and improved blood sugar control.



### Health & Wellness

The Health and Wellness Department served 5,164 participants in group fitness classes, met with personal training clients 1,036 times and provided wellness assistance to members 3,876 times.



### 2009 Property Management Highlights

The combined total hours of operation between the Cultural Center and the Horne-Henry Center are 174 hours per week during the school year and slightly less at 159 over the summer months. Successful large events in 2009 included the 5K for PLGA Jenna's Wish, Mike's Journey Run, Marshmallow Bike Ride, Healthy Kids Day, Hy-Vee My Y Tri, AAU volleyball tournaments, Iowa State Cy Club, Halloween Carnival, Moovin' & Groovin', YWCA Week Without Violence, Girls High School State Swimming and Diving Meet, Boys High School State Swim Meet, several Blue Wave swim meets, YMCA State Swim meet and Safety Camp.

### Youth and Family Sports

More than 300 4-11 year old children participated in tee ball, basketball, volleyball, flag football, and developmental soccer in 2009. 45 volunteers helped with the leagues as coaches and officials.

### YWCA Women's Networking Lunches - Women's Forum

Women's Networking lunches began in 2009 offering an opportunity for women of all ages and backgrounds an opportunity to meet for lunch. The annual Women's Forum was held on Thursday, September 24 where approximately 50 women gathered to focus on local women in leadership roles.



### Y Preschool

Nine preschoolers graduated from the program in the spring of 2009 before entering kindergarten. Preschool operates as a full-day program with 24 three-to-five-year-old students enrolled.