

## Instead of the Street...

Youth Outreach programs have been proactively planned around the needs of Marshalltown youth who are at-risk, experiencing chronic stress, or feelings of isolation. Early intervention and effective programming can minimize the effects of a difficult experience.

We work to address these issues on an on-going basis. Outreach activities include:

- education through development of life skills
- community volunteer activities, and
- recreation activities

## Instead of the Couch...

America is experiencing an unprecedented health crisis, and its effects, without immediate and drastic change, will impair all our lives for generations to come. For the first time in decades, this generation of children has a lower life expectancy than their parents. That's a scary thought, and it intensifies when we realize these life-threatening diseases - obesity, adult onset diabetes, high blood pressure and other weight-related illnesses - are preventable, yet steadily increasing in frequency. The Marshalltown Community Y is uniquely positioned to help fight this epidemic, and ensure that the children of Central Iowa are given every chance available to live happy, healthy and fulfilling lives.



This Member ship has helped me and a lot of other people because, Instead of being out in the streets we are hear in the Y. I like it hear there is alot of variety hear so I dont ge board. I Come hear just to have fun with my friends and family. Sometimes I come hear just to get away to be relaxes - Thank you for giving me this oportunity to come hear. Thank you

I would like to take this opportunity to thank you for your donation to the community Y. Families like my own would never be able to afford a Y membership. By having a Y membership my children and I are able to participate in healthy, clean fun as a family, or each of us by ourselves. Thanks again!

Thank you so much for helping me and my children get a Y membership. This will help me get in shape and stay active and help my children become involved in activities when we would otherwise be sitting on our couch watching TV. Thank you so much for your help.

## Nuestra Prenda es Sincera

### Necesitamos su ayuda

El año pasado la "Y" le ayudo mas de \$105,000 en miembrocia. Cada año mas y mas niños necesitan nuestro programas de caracter-estructura. Sin nuestra soporte, estos niños estan en peligro de pasando su tiempo lebre de participar en actividades malos.

### Sea parté de la magia de pensar grande!

El Marshalltown Community Y le ayuda con asistencia financiero para niños y familias que no pueden aser miembros de la "Y" por falta de fondos. Nadé se le nega acceso para miembrocia por ser incapaz de pagar el honorario.

Nadé se le va vehusar la Community Y miembrocia o programas por ser incapaz de pagar el honorario.

\$9/month offers 10 teens the ability to build leadership skills by participating in community service, mentoring young children, and learning budgeting skills through the Y-Teens program.

\$15/month sponsors a yearly membership for a youth and provides a safe and fun place to spend time with friends and develop an interest in healthy activities.

\$20/month, or quarterly payments of \$60, provides 11 youth the opportunity to experience Y Fun Days when school is not in session, giving them a safe, fun and active place to stay while no one is at home.

Four payments of \$140 gives a single-parent family an annual membership, so they can spend quality time together in a supportive and healthy environment.

Four payments of \$325, or a one-time gift of \$1300, allows one youth to attend Y Day Camp for the entire summer, giving them the opportunity to make new friends and experience activities that encourage self-empowerment and respect toward others.



We build strong kids, strong families, strong communities. 108 Washington Street, Marshalltown, Iowa 50158  
**Community Y of Marshalltown Annual Partner With Youth Campaign Pledge Form**

eliminating racism  
empowering women  
**ywca**

**SPECIAL DONATION SLIP - PLEASE HELP!**

There are so many children and families who need the Marshalltown Community Y's programs and services! For many of these individuals, it's the only opportunity they have to experience a positive environment! Please, will you help?

\$100 - \$249 - Friend of Youth \*  \$250 - \$499 - Program Partner \*  \$500 - \$999 - Family Advocate \*  \$1,000 and above - President's Round Table

**GIFTS OF ANY AMOUNT ARE APPRECIATED**

NAME \_\_\_\_\_  
As you would like it to appear on the Giving Board (\$250 minimum gift) and other publicity  
 ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE \_\_\_\_\_  
 ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

\$ \_\_\_\_\_ Amount of Contribution  
 Check Enclosed.  
 Please take this additional amount \$ \_\_\_\_\_ from my existing Community Y monthly Bank Draft beginning March 2008 through December 2008 (10 months)  
 Please charge my gift to my credit card.  Visa  Master Card  
 Quarterly or  In the months of \_\_\_\_\_  
 Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_  
 Please bill me:  Quarterly  Semi-Annual  One Time \_\_\_\_\_ (Month)  
 Signature \_\_\_\_\_ \*Contributions are tax deductible.

Contributor's Signature



First and foremost, thank you for valuing our community enough to be a part of the 2008 Community Y Partner With Youth campaign. Your decision to make a gift, no matter what size, is greatly appreciated by all those who receive Community Y services.

This year's campaign is taking a direct and intentional approach to providing the youth of Marshalltown with something to do instead of just "hanging out," or watching TV. Our volunteers understand the deficits in our community created by poor health, and are committed to helping the Y create healthy, alternative activities for the children and teens in our community.



This year's goal is to raise \$105,000. These dollars will directly affect the lives of hundreds of kids and families in your neighborhood and at your schools. We are proud to tell you this campaign changes lives. Thank you in advance for your gift. It couldn't be done without you.

In Appreciation of Your Service,  
 The Community Y of Marshalltown

*Dale I. Ites Denise Case*

Dale Ites 2008 Campaign Chair Denise Case 2008 Campaign Co-Chair

# Invest today in a healthy tomorrow...

At the Community Y of Marshalltown, we strive to make sure that every child's day brings about bigger and brighter achievements – but we can't do it alone! Your contribution to the Community Y Partner With Youth campaign ensures that children unable to pay receive a membership and are included in programs that will teach values to positively impact their lives and the community.

This year's Partner With Youth campaign has the goal of raising \$105,000. We ask that you please give generously so that more kids and families in our community can receive memberships and share the Community Y experience.



**2008  
 Partner With  
 Youth:  
 THE  
 Y  
 INSTEAD**