

# 2005 YMCA STATE WARM UP SCHEDULE

## SUNDAY, MARCH 6...BOYS

	<u>LANE</u>	<u>TEAM</u>	<u>Team Athlete Count</u>
<b>SESSION 1</b>	<b>8:00 AM - 8:15 AM</b>		
	LANE 1	ANKENY	30
	LANE 2	ANKENY	"
	LANE 3	PELLA	24 and 3
	LANE 4	PELLA-GRINNELL	"
	LANE 5	MARSHALLTOWN	18 and 3
	LANE 6	MARSHALLTOWN-BROOKLYN	"
	LANE 7	NEWTON	18, 1, 3
	LANE 8	NEWTON-WATERLOO RIVER FRONT	"
<b>SESSION 2</b>	<b>8:15 AM - 8:30 AM</b>		
	LANE 1	CEDAR RAPIDS	44
	LANE 2	CEDAR RAPIDS	"
	LANE 3	CEDAR RAPIDS	"
	LANE 4	CEDAR RAPIDS	"
	LANE 5	WALNUT CREEK	39
	LANE 6	WALNUT CREEK	"
	LANE 7	WALNUT CREEK	"
	LANE 8	FORT DODGE-BOONE	12 and 9
<b>SESSION 3</b>	<b>8:30 AM - 8:45 AM</b>		
	LANE 1	MUSCATINE	40
	LANE 2	MUSCATINE	"
	LANE 3	MUSCATINE	"
	LANE 4	FAIRFIELD	14
	LANE 5	MASON CITY-OSKALOOSA	9 and 7
	LANE 6	MASON CITY-OSKALOOSA	"
	LANE 7	WILTON-FORT MADISON	11 and 3
	LANE 8	WASHINGTON-FOREST CITY	10, 1, 2, 1
<b>SESSION 4</b>	<b>8:45 AM - 9:00 AM</b>		
	LANE 1	CARROLL	20 and 7
	LANE 2	CARROLL -REDOAK	"
	LANE 3	CLINTON-KEOKUK	15 and 15
	LANE 4	CLINTON-KEOKUK	"
	LANE 5	CLINTON-KEOKUK	"
	LANE 6	DUBUQUE-EMMETTSBURG	11 and 5
	LANE 7	BURLINGTON	13
	LANE 8	SPENCER-EMMETTSBURG	12
<b>Starts &amp; Sprints</b>	<b>9:00 AM - 9:30 AM (All Teams)</b>		
	LANE 1	Ages 13 and Over	
	LANE 2	Ages 13 and Over	
	LANE 3	Ages 11-12	
	LANE 4	Ages 11-12	
	LANE 5	Ages 9-10	
	LANE 6	Ages 9-10	
	LANE 7	Ages 8 and under	
	LANE 8	Ages 8 and under	